

## Chronic Obstructive Pulmonary Disease (COPD) Risk Quiz

Answer each question as honestly as you can.

YES NO Do you often have unexplained shortness of breath?

YES NO Do you sometimes have coughing or breathing attacks when you are exercising or moving around-- for example, when walking up stairs?

YES NO Do you smoke?

YES NO Do you often have bouts of coughing?

YES NO Do you have coughing fits?

YES NO Do you cough up greenish-yellow sputum (mucus or phlegm)?

If you answered YES more than two times...see your physician and ask for a COPD evaluation.

*This risk assessment provides general medical information that should be used for informative and educational purposes only. Your results should not be used as a substitute for the personal, professional medical advice of your physician.*



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